# WELCOME

**CUTTLEFISH WHITE** 





# Lead Coach

MADDIE HULST

Coach Maddie jumped into summer league swimming at age 10 and never left the pool. After leading the Wildcat Ridge Tigersharks to a championship (and winning the Sportsmanship Award—her personal fave), she brought her big heart and coaching smarts to SSA. When she's not leading the Cuttlefish, she's rocking a career in clinical research or hanging out with her husband Max, dog Reggie, and a new recipe in the kitchen.

### **Assistant Coach**

LESLIE REED

Coach Leslie grew up swimming in sunny Florida, taught lessons across three states, then took a break to code as a software engineer—before diving back in when her daughters hit the water. She's all about helping kids fall in love with swimming and believes every practice should be fun and meaningful. When not on deck, she's paddleboarding, fly fishing, or hiking with her two girls and dogs, Maui and Hula.



#### **Practice Schedule**

Mon T	Tues Wed Thur	s Fri Sat
YMCA	YMCA	LHS
5:00-5:45 PM	5:00-5:45 PM	8:00-8:45 AM

#### **Practice Locations**

YMCA 11 W Dry Creek Ct Littleton CO 80120 LHS 199 E Littleton Blvd Littleton, CO 80121

## What to Expect

This group is our entry-level group for novice swimmers under the age of 10.

ALL swimmers must be water safe and familiar with lap swimming.

Swimmers who only swim Freestyle and Backstroke should register for this group.

Breaststroke and Butterfly will be introduced in this group.

# Required Equipment: Bring to Every Practice

Suit, cap, goggles, kickboard, fins, water bottle (ideally plastic/reusable/labeled)